

Monday's Core Skills Task:



How Many Seconds?

I can measure and record time in seconds.



Use a stopwatch to time yourself and your partner completing these activities.

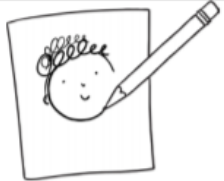
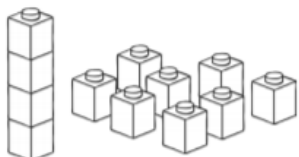
Activity	How long did it take in seconds?	
	You	Your partner
10 hops 	_____ seconds	_____ seconds
10 skips with the skipping rope 	_____ seconds	_____ seconds
10 marches on the spot 	_____ seconds	_____ seconds
10 frog jumps 	_____ seconds	_____ seconds
10 star jumps 	_____ seconds	_____ seconds
10 catches of a bean bag 	_____ seconds	_____ seconds

What Can You Do in a Minute?

I can measure and record time in minutes.



Choose an activity. How many times do you think you can do it in a minute?
Use the minute timer to see if you are correct.

Activity	Estimate	Result
Write your name 		
Star jumps 		
Count to ten 		
Stretch high and touch your toes 		
Draw a face 		
Build a tower of ten cubes 		
Sing 'Happy Birthday' 		

Hours, Minutes or Seconds?

I can solve problems by comparing times.

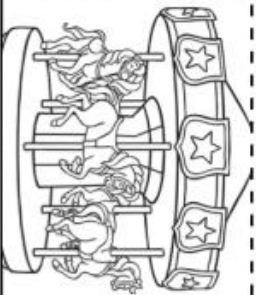


Cut out the activities and stick them in the correct column. Will it take hours, minutes or seconds?

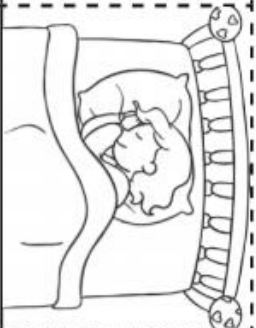
Hours	Minutes	Seconds



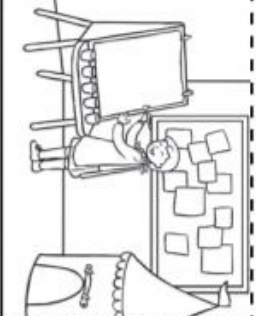
write your name



visit a fayre



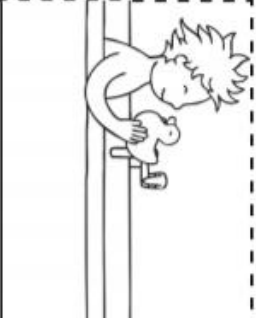
sleep



a day at school



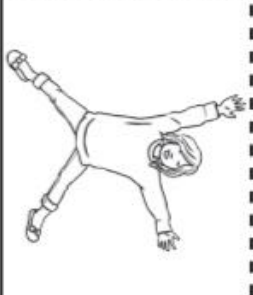
eat an apple



have a bath



read a book



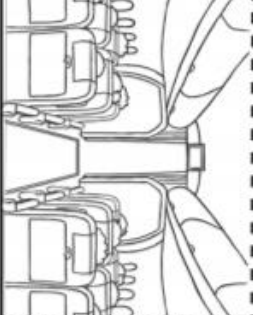
jump



watch TV



sneeze



fly on a plane

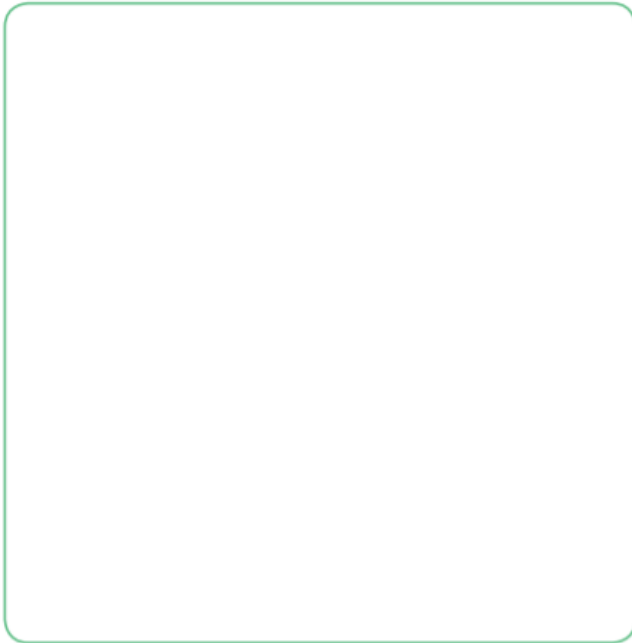


hop

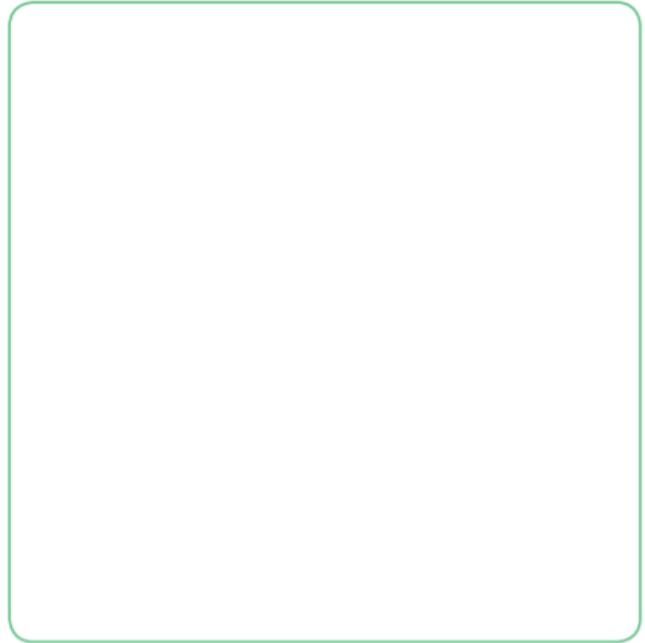
Friday's Core Skills Task:

Earlier, Now, Next and Later.

Can you draw one thing you did earlier. Then, draw something you are doing now. Draw what you might be doing next and finally, draw something you will be doing later.



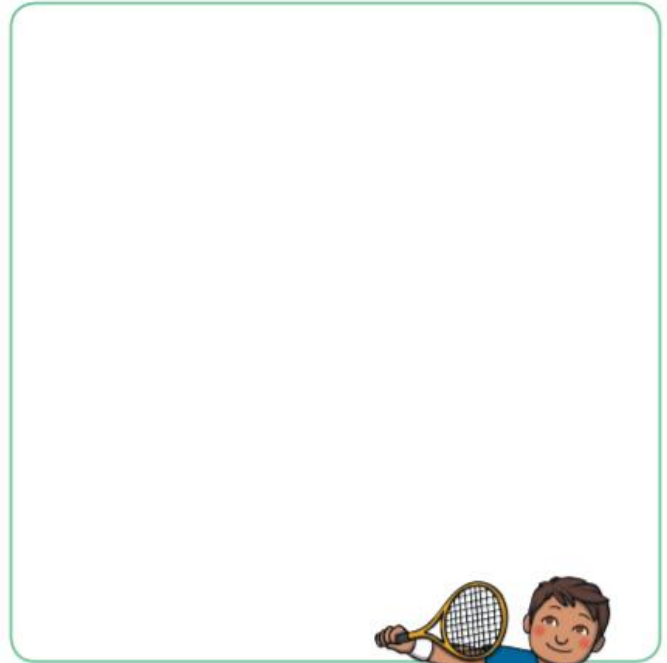
Earlier



Now



Next



Later

