

Monday's Main Activity:



How Many Seconds?

I can measure and record time in seconds.



Use a stopwatch to time yourself and your partner completing these activities.

Activity	How long did it take in seconds?	
	You	Your partner
20 hops 	_____ seconds	_____ seconds
15 skips with the skipping rope 	_____ seconds	_____ seconds
5 marches on the spot 	_____ seconds	_____ seconds
10 frog jumps 	_____ seconds	_____ seconds
10 star jumps 	_____ seconds	_____ seconds
20 catches of a bean bag 	_____ seconds	_____ seconds

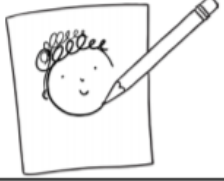
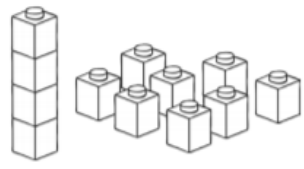
Tuesday's Main Activity:

What Can You Do in a Minute?

I can measure and record time in minutes.



Choose an activity. How many times do you think you can do it in a minute?
Use the minute timer to see if you are correct.

Activity	Estimate	Result
Write your name 		
Star jumps 		
Count to ten 		
Stretch high and touch your toes 		
Draw a face 		
Build a tower of ten cubes 		
Sing 'Happy Birthday' 		

Hours, Minutes or Seconds?

I can solve problems by comparing times.



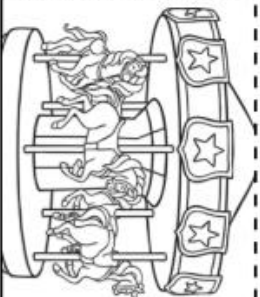
Cut out the activities and stick them in the correct column. Will it take hours, minutes or seconds?

Hours	Minutes	Seconds

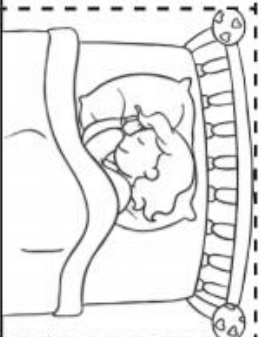
Wednesday's Main Activity:



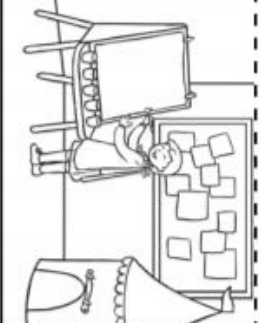
write your name



visit a fayre



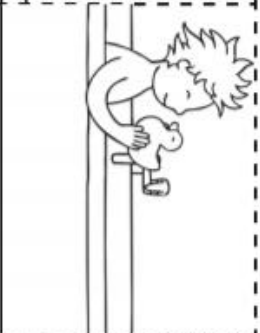
sleep



a day at school



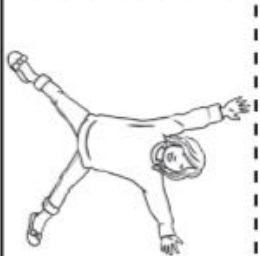
eat an apple



have a bath



read a book



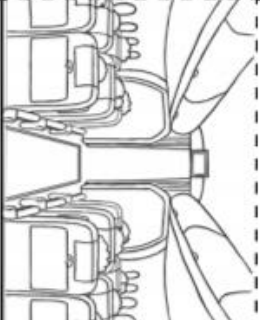
jump



watch TV



sneeze



fly on a plane



hop

Quickly and Slowly

I can describe how long something takes to happen.



Draw something that happens quickly and write a sentence to describe it.

Draw something that happens slowly and write a sentence to describe it.
