

Look at Me Now!

Think of something you couldn't do when you were younger, but can do now. Draw a picture of the younger you and write a sentence to go with it in the top box. In the bottom box, draw yourself now, showing what you can do now, then add a sentence to that one as well.

When I was... _____

Now I am... _____

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).